



Pumpkin Cheese Pastry

Season: Spring

Type: Side (Green Group)

Serves: 27 tastings

From the garden: Pumpkin & rosemary

Class focus: Dividing pastry into 9 squares & mortar and pestle to pound the garlic



Equipment: Ingredients: Medium mixing bowl x 1 1 piece of pumpkin (skin-off, finely chopped) 1 clove garlic (see instructions below) Wooden spoon x 1 Fork x 3 1 cup grated cheddar cheese 2 sprigs rosemary (leaves only, finely chopped) Mortar & pestle x 1 Chopping boards and knives ½ teaspoon salt Measuring cups 10 grinds of pepper Measuring spoons 3 sheets puff pastry (thawed) Baking tray x 3 Baking paper Serving plate x 5

What to do:

Kitchen tong x 5

- 1. Heat oven to 200C.
- 2. Wash all the vegetables and herb.
- 3. Prepare all of the ingredients based on the instructions in the ingredients list.
- 4. Put garlic in the mortar and pound to a smooth paste with the pestle.
- 5. Combine all the ingredients **except** pastry in a medium mixing bowl. Set aside.
- 6. Cut each pastry sheet into 9 squares then use a fork to prick 2 times in the middle of each square.
- 7. Put the pastry squares onto the lined baking trays.
- 8. Put 1 tablespoon of pumpkin mixture on each pastry square.
- 9. Bake in the oven for 20 minutes or until risen and golden brown.
- 10. Serve into 5 serving plates with a kitchen tong in each.

For vegan / dairy intolerance option:

Add the cheese <u>at the end</u> so you can take a portion out without cheese to make for the vegan or dairy intolerance students.

For gluten free option:

Use the gluten free pastry provided.